



Summer Skill & Speed Plus Program

Program Description

Summer Skill & Speed Plus is a 5 session (7.5 hour) summer program focusing on the technical and tactical preparation for the upcoming Fall season. Players will work on high-intensity ball work to improve their first touch, control and dribbling as well as increasing fitness, agility, strength, and balance. Each session will end with small sided games where the players will be able to apply their skills in a competitive game environment. All sessions will be run by Coach Matt Weiss (Director of Soccer Operations at SuperKick & OWU Men's Assistant Coach).

- Dates: **7/2, 7/9, 7/10, 7/16, 7/17** (NO session on July 3rd!)
- Time: **7:00PM – 8:30PM at SuperKick**
- Price: **\$50/player**, no pro-ration of fees (any special circumstances please contact Coach Saiben)
- If you have program questions, contact MWeiss@superkickcolumbus.com.

Below are the steps to register:

1. Click [HERE](#) to get to the registration page:
2. Click on the green "sign up now" button under the OLHS Girls Soccer Skill & Speed Plus Program
3. If you are a current SuperKick client, you can log in with your existing credentials in the "Been here before?" section.
4. If you are not a SuperKick client, you can create an account by entering information in the "New to our site?" section.
5. Once you are into the system, it will then ask you to "make a reservation for you or someone else" choose "**someone else**" and enter the player's first and last name.
6. Make sure the "pay for this client" box is checked
7. Click "enroll"
8. Finalize payment and you are all set!

Thank you and we look forward to seeing you on July 2nd!